

# Encourage the Heart

created by the congregation of St. Paul's United Church

The best of one's heart. Jesus reminds us in strange ways to open my heart more.  
God grants grace proffers peace and forgives failings.  
Even a cup of water in my name  
Small things done is your own small way. "Be the light."

She gave it her all – her everything she had.  
Go into the world and do justice & love and kindness.  
Humble and with humility.  
With love in our hearts.  
Helping the sick, weak and disadvantaged.  
Is there a limit to the sin that makes loving the sinner a heresy?

By mentioning them to his disciples i.e. using them as teaching examples  
Jesus reminds us in the parable about the woman and the coin.  
"She gave it her all – she gave everything she had he reminds us.  
We are pieces in a stained glass window  
– different, but illuminated by the same light together.  
Bringing food, visiting at times of loss or crisis, a caring visitor to a shut in.  
Also, recognizing your own worth and talent. Warm yourself, be humble.

Tell me what you think about your friends at the top.  
Through their smile.  
Love all, with hearts of stone and hearts of flesh.